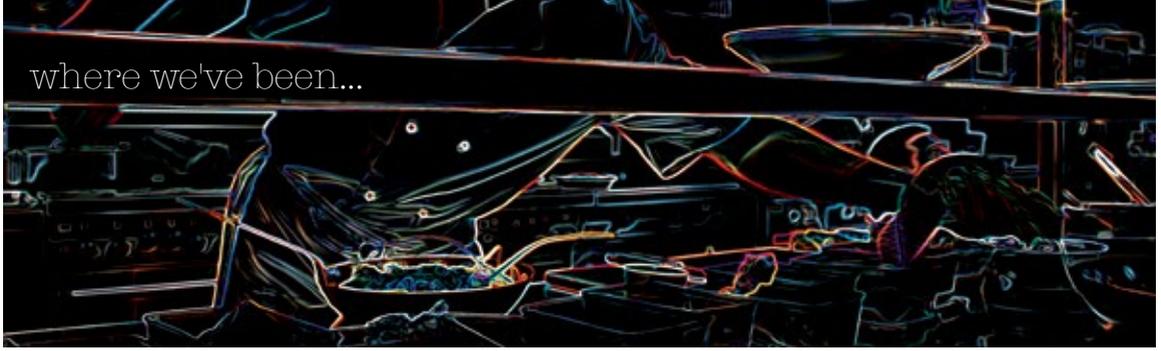


where we've been...



### **THAI CENTRIC** - Park Central

Rebecca and I once lunched regularly at Thai Centric when she worked in the Centric building where my office is. A friendship bonded over Pad See Yew and complimentary Coke. Bec now has three kids including twins, so her life is 'somewhat' different to that single, early thirties girl always lamenting the lack of suitable men in Macarthur.

I am not a very good friend I'm afraid and since Bec's world turned upside down I have barely seen her. Occasionally chatting on social media is the extent of my effort. I don't hide from this personality flaw.

Anyway enough self-flagellation, Bec recently returned to again work in Centric at Park Central. We ran into each other a few times and eventually lined up a lunch at our old haunt. Thai Centric is one of the most reliable Thais in Macarthur: a lovely fit out, heaps of parking and most importantly - great food.

This was the same sore mouth period I spoke of in another review. In fact, when Bec suggested Thai, I was unsure whether I could physically do it. Although wearing thin, my diet of soups, risotto and rice pudding was easy to eat. Looking at the menu I was filled with doubt. Then a dish I rarely order appealed for its super soft texture and tasty sauce. "Massaman Curry please," I surprised the waitress with. It was perfect. The suitably 'melt in your mouth' soft beef that had become so by slow cooking in a fragrant, tasty broth. Served simply with rice it was both yum and edible for my injured mouth.

I recommend you try Thai Centric day or night, seven days a week. Thai Centric is constantly busy but the efficient friendly staff and an amazingly quick and consistent kitchen means your dining event will be top shelf.